

E-Safety Information for parents

The Internet is a wonderful learning resource and we often use it as a learning tool in school. However, it is very important children know how to use computers safely.

These are some useful tips to ensure your child is a 'Safe Surfer':

- * Children should always ask before going on the computer and, especially the Internet.
- * Parental Controls are very important - have you activated these?
- * Internet use on Iphones etc also needs to be supervised. Have you got controls in place?
- * Children in Reception should not be looking at any form of screen (including TV or Iphone) for more than 30 minutes a day as this can damage their eye sight and limit brain development.

A useful website with more guidance is:

www.kidsmart.org.uk

(Have a look at 'The Adventures of Smartie the Penguin')