## St Joseph's Catholic Primary School



# ADMINISTRATION OF MEDICINES AND SUPPORTING PUPILS AT SCHOOL WITH MEDICAL CONDITIONS POLICY

Policy Date: Autumn 2016 Last update: January 2024 Review Date: Spring 2025

#### **Policy Rationale**

Section 100 of the Children and Families Act 2014 places a duty on the Governing Body and Senior Leadership Team to make arrangements for supporting pupils at the school with medical conditions. Pupils with special medical needs have the same right of admission to school as other children and cannot be refused admission or excluded from school on medical grounds alone. However, teachers and other school staff in charge of pupils have a common law duty to act in the place of the parent and may need to take swift action in an emergency. This duty also extends to teachers leading activities taking place off the school site, and could extend to a need to administer medicine. The prime responsibility for a child's health lies with the parent, who is responsible for the child's medication and with supplying the school with accurate and up-to-date information.

This Policy will be reviewed regularly and will be readily accessible to Parents/Carers and staff through our school website.

#### **Policy Implementation**

All schools and academies are expected by Ofsted to have a policy dealing with medical needs and to be able to demonstrate that this is implemented effectively. The overall responsibility for the successful administering and implementation of this Policy lies with Theresa Kenefick, Headteacher. She will also be responsible for ensuring that sufficient staff are suitably trained and will ensure cover arrangements in case of staff absences or staff turnover, to ensure that someone is always available and on site.

Catherine Lohn, SENCo, will be responsible for risk assessments for school visits and other school activities outside of the normal timetable and for the monitoring of individual healthcare plans for all children with **special** medical needs.

Supply staff are informed of all medical needs for the class via the 'supply teacher folder' they receive in the morning on arrival.

All staff will be expected to show a commitment to and awareness of children's medical conditions. All new members of staff will be inducted into the arrangements and guidelines set out in this Policy.

#### **Definitions of Medical Conditions:**

Pupils' medical needs may be broadly summarised as being of two types:

- Short-term affecting their participation in school activities because they are on a course of medication
- Long-term potentially limiting their access to education and requiring extra care and support (deemed special medical needs)

#### The Role of Staff

Some children with medical conditions may be disabled. Where this is the case, governing bodies must comply with their duties under the Equality Act 2010.

Some may also have Special Educational Needs and may have an Education, Health and Care (EHC) plan which brings together health and social care needs as well as their special educational provision. For children with SEND, this guidance should be read in conjunction with the SEN Code of Practice and the St Joseph's Catholic Primary School SEN Information Report.

If a child is deemed to have a long-term medical condition, the school will ensure that arrangements are in place to support them. In doing so, we will ensure that such children can access and enjoy the same opportunities at school as any other child. The school, health professionals, parents/carers and other support services will work together to ensure that children with medical conditions have full access to the school curriculum, unless this would not be in their best interests because of their health needs. In some cases this will require flexibility and may involve, for example, programmes of study that rely on part time attendance at school in combination with alternative provision arranged by the Local Authority and health professionals. Consideration will also be given to how children will be reintegrated back into school after long periods of absence.

Staff must not give prescription medicines or undertake health care procedures without appropriate training (updated to reflect any Individual Health Care Plans). At the school, we recognise that a first-aid certificate does not constitute appropriate training in supporting children with medical conditions. Healthcare professionals including the school nurse team, with whom we have a close working relationship, will provide training and subsequent confirmation of the proficiency of staff in a medical procedure, or in providing medication.

#### Procedures to be followed when Notification is received that a Pupil has a Medical Condition

We will ensure that the correct procedures are followed whenever we are notified that a pupil has a medical condition. The procedures will also be in place to cover any transitional arrangements between schools, the process to be followed upon reintegration or when pupil's needs change and arrangements for any staff training or support. For children starting in Reception at St Joseph's Catholic Primary School, arrangements will be in place in time for the start of the school year. In other cases, such as a new diagnosis or children moving to the school mid-term or mid-year, we will make every effort to ensure that arrangements are put in place within two weeks.

In making the arrangements, the school will take into account that many of the medical conditions that require support at school will affect the child's quality of life and may be life-threatening. We will also acknowledge that some will be more obvious than others. We will therefore ensure that the focus is on the needs of each individual child and how their medical condition impacts on their school life.

The school will ensure that arrangements give parents/carers and pupils confidence in the school's ability to provide effective support for medical conditions in school. The arrangements will show an understanding of how medical conditions impact on a child's ability to learn, as well as increase their confidence and promote self-care. We will ensure that staff are properly trained to provide the support that pupils need. The school will ensure that arrangements are clear and unambiguous about the need actively to support pupils with medical conditions to participate in school trips and visits, or in sporting activities, and not prevent them from doing so. The school will make arrangements for the inclusion of pupils in such activities with any adjustments as required unless evidence from a clinician such as a GP states that this is not possible.

The school will make sure that no child with a medical condition is denied admission or prevented from attending school because arrangements for their medical condition have not been made. However, in line with our Safeguarding duties, we will ensure that pupils' health is not put at unnecessary risk from, for example infectious diseases. We will therefore not accept a child in school at times where it would be detrimental to the health of that child or others.

The school does not have to wait for a formal diagnosis before providing support to pupils. In cases where a pupil's medical condition is unclear, or where there is a difference of opinion, judgements will be needed about what support to provide based on the available evidence. This would normally involve some form of medical evidence and consultation with parents/carers. Where evidence is conflicting, a robust dialogue may be necessary to ensure that the right support can be put in place. This will usually be led by Catherine Lohn, SENCO or Theresa Kenefick, Headteacher. Following the discussions an Individual Health Care Plan will be put in place.

Where a child has an Individual Health Care Plan, this should clearly define what constitutes an emergency and explain what to do, including ensuring that all relevant staff are aware of emergency symptoms and procedures. Other pupils in the school should know what to do in general terms, such as informing a teacher immediately if they think help is needed. If a child (regardless of whether they have an Individual Health Care Plan) needs to be taken to hospital, staff should stay with the child until the parent/carer arrives, or accompany a child taken to hospital by ambulance.

#### **Individual Health Care Plans**

Individual Health Care Plans for **special** medical needs will be written and reviewed by Catherine Lohn, but it will be the responsibility of all members of staff supporting the individual children to ensure that the Plan is followed. The class teacher will be responsible for the child's development and ensuring that they and their medical conditions are supported at school.

Karen Taylor is responsible for updating / reviewing all the category 1 Individual Care Plans (i.e. those which are not potentially limiting access to education and requiring extra care and support).

Individual Healthcare Plans will help to ensure that the school effectively supports pupils with medical conditions. They will provide clarity about what needs to be done, when and by whom. They will often be essential, such as in cases where conditions fluctuate or where there is a high risk that emergency intervention will be needed. They are likely to be helpful in the majority of other cases too, especially where medical conditions are long-term and complex. However, not all children will require one.

The school, health care professional and parents/carers should agree, based on evidence, when a Health Care Plan would be inappropriate or disproportionate. If consensus cannot be reached, the Headteacher, Theresa Kenefick, is best placed to take a final view. A flow chart for identifying and agreeing the support a child needs and developing an individual healthcare plan is provided in Annexe A.

Individual Health Care Plans will be easily accessible to all who need to refer to them, while preserving confidentiality. Plans will capture the key information and actions that are required to support the child effectively. The level of detail within plans will depend on the complexity of the child's condition and the degree of support needed. This is important because different children with the same health condition may require very different support.

Where a child has SEN but does not have an EHC plan, their SEN should be mentioned in their Individual Health Care Plan. B shows a template for the Individual Health Care Plan and the information needed to be included. Individual Health Care Plans, (and their Review), may be initiated, in consultation with the parent/carer, by a member of school staff or a healthcare professional involved in providing care to the child. The Individual Health Care Plan must be completed by the Lead Professional (usually the SENCO) with support from Parents/Carers, and a relevant healthcare professional, e.g. school, specialist or children's community nurse, who can best advise on the particular needs of the child. Pupils should also be involved whenever appropriate. The responsibility for ensuring the plan is finalised and implemented rests with the school.

The school will ensure that Individual Health Care Plans are reviewed annually notwithstanding any necessary mid-year changes when the document will be updated accordingly. They will be developed and reviewed with the child's best interests in mind and ensure that the school assesses and manages risks to the child's education, health and social well-being and minimises disruption. Where the child has a SEN identified in an EHC plan, the Individual Health Care Plan should be linked to or become part of that EHC plan.

Annexe B provides a template for the Individual Health Care Plan, which must include:

- the medical condition, its triggers, signs, symptoms and treatments;
- the pupil's resulting needs, including medication (dose, side-effects and storage) and other treatments, time, facilities, equipment, testing, access to food and drink where this is used to manage their condition, dietary requirements and environmental issues e.g. crowded/noisy conditions, travel time between lessons;
- specific support for the pupil's educational, social and emotional needs for example, how absences
  will be managed, requirements for extra time to complete tests, use of rest periods or additional
  support in catching up with lessons, counselling sessions;
- the level of support needed, (some children will be able to take responsibility for their own health needs), including in emergencies. If a child is self-managing their medication, this should be clearly stated with appropriate arrangements for monitoring;
- who will provide this support, their training needs, expectations of their role and confirmation of proficiency to provide support for the child's medical condition from a healthcare professional; and cover arrangements for when they are unavailable;
- who in the school needs to be aware of the child's condition and the support required;
- arrangements for written permission from parents/carers for medication to be administered by a member of staff, or self-administered by the pupil during school hours;
- separate arrangements or procedures required for school trips or other school activities outside of the normal school timetable that will ensure the child can participate, e.g. risk assessments;

- where confidentiality issues are raised by the parents/carers or child, the designated individuals to be entrusted with information about the child's condition;
- what to do in an emergency, including whom to contact, and contingency arrangements. Some children may have an Emergency Health Care Plan prepared by their lead clinician that could be used to inform development of their Individual Health Care Plan. The Emergency Health Care Plan will not be the school's responsibility to write or review.

#### The Child's Role in managing their own Medical Needs

If it is deemed, after discussion with the parent/carer, that a child is competent to manage their own health needs and medicines, the school will encourage them to take responsibility for managing their own medicines and procedures. This will be reflected within Individual Health Care Plans.

Wherever possible, children should be allowed to carry their own medicines and relevant devices or should be able to access their medicines for self-medication quickly and easily; these will be stored in the office to ensure that the safeguarding of other children is not compromised or in the classroom if they may be required in an emergency. The school does also recognise that children who can take their medicines themselves or manage procedures may require an appropriate level of supervision. If a child is not able to self-medicate then relevant staff should help to administer medicines and manage procedures for them.

If a child refuses to take medicine or carry out a necessary procedure, staff should not force them to do so but instead follow the procedure agreed in the Individual Health Care Plan. Parents/carers should be informed as soon as possible on the same day, outside of the review, so that alternative options can be considered.

#### Managing Medicines on the St Joseph's Catholic Primary School Site

The following are the procedures to be followed for managing medicines:

- Medicines should only be administered at the school when it would be detrimental to a child's health or school attendance not to do so;
- No child under 16 should be given prescription or non-prescription medicines without their Parents/Carers written consent.
- We will not administer non-prescription medicines to a child. If a parent/carer wishes a child to have the non-prescription medicine administered during the school day, they will need to come to the school to administer it to their child;
- The school will only accept prescribed medicines that are in-date, labeled, provided in the original container as dispensed by a pharmacist and include instructions for administration, dosage and storage. The exception to this is insulin, which must still be in date, but will generally be available inside an insulin pen or a pump, rather than in its original container;
- All medicines will be stored safely in the school office (except for those requiring potential emergency
  use, such as asthma inhalers, blood glucose testing meters and adrenaline pens see below).
   Children should know where their medicines are at all times and be able to access them immediately;
- Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens should be always readily available to children; Inhalers will be stored in the classroom medical bag where both class teacher and child know how to access them. If a child requires an asthma inhaler it is crucial that there is an inhaler in the school at all times. There are two epipens in school, one in the classroom medical bag and one in the office.
- The classroom medical bag is taken out to PE and swimming lessons. It is taken on school trips. It is taken during emergency drills including evacuation.
- For After school Clubs, medical boxes are taken outside by the Club leader.
- During school trips, the first aid trained member of staff/member of staff in charge of first aid will carry all medical devices and medicines required except the epipens. Epipens are held by the class teacher who takes responsibility for the child.
- Staff administering medicines should do so in accordance with the prescriber's instructions. The
  school will keep a record of all medicines administered to individual children, stating what, how and
  how much was administered, when and by whom. Any side effects of the medication to be
  administered at the school should be noted. Annexe C and Annexe D outline these procedures.
  Written records are kept of all medicines administered to children. These records offer protection to

- staff and children and provide evidence that agreed procedures have been followed;
- When no longer required, medicines should be returned to the parent/carer to arrange for safe disposal. Sharps boxes should always be used for the disposal of needles and other sharps.
- Class medical bags are reviewed termly by admin staff.
- Parent consent to administer prescribed medicine is reviewed annually.

#### Managing 'Extra' Medicines

When a child requires the second epipen or another inhaler, the following procedure has been established:

- 1. The class medical rucksack contains the epipens, inhalers and medical file. Attached to the rucksack are two lanyards, referred to below. The rucksack is kept on a hook in the class cupboard. The hook is for the sole use of the medical bag. Coats and other items are not permitted to be stored on the hook.
- 2. The rucksack is to be taken out to PE lessons on all occasions. TAs should ensure that visiting teachers are aware of this. As PE is carried out in pods/year groups everyone should be vigilant to ensure that colleagues have remembered their bags.
- 3. There will be two lanyards attached to the rucksack:
  - a. Green lanyard to be used to ask for the assistance of another member of staff. To be used for emergencies such as safeguarding where a child might be disclosing a child protection matter and you do not want to interrupt their flow. You send the lanyard to the office, HT or DH or a nearby adult.
  - b. Red lanyard to be used to send to the office to get the 'back up' epipens (and inhalers). For speed in the office, the entirety of the medical apparatus for your class will be in a zippy bag and this will come to you.

Although school staff should use their discretion and judge each case on its merits with reference to the child's Individual Health Care Plan, it is not generally acceptable practice to:

- prevent children from easily accessing their inhalers and medication and administering their medication when and where necessary;
- assume that every child with the same condition requires the same treatment;
- ignore the views of the child or their parents/carer; or ignore medical evidence or opinion, (although it may be challenged);
- send children with medical conditions home frequently or prevent them from staying for normal school activities, including lunch, unless this is specified in their individual healthcare plans;
- if the child becomes ill, send them to the school office unaccompanied or with someone unsuitable;
- penalise children for their attendance record if their absences are related to their medical condition e.g. hospital appointments;
- prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively;
- require parents/carers, or otherwise make them feel obliged, to attend the school to administer
  medication or provide medical support to their child, including with toileting issues. No parent/carer
  should have to give up working because the school is failing to support their child's medical needs;
- prevent children from participating, or create unnecessary barriers to children participating in any aspect of school life, including school trips, e.g. by requiring parents/carers to accompany the child.

#### Complaints

Should parents/carers or pupils be dissatisfied with the support provided they should discuss their concerns directly with the school. If for whatever reason this does not resolve the issue, they may make a formal complaint via the complaints procedure outlined in the school's Complaints Policy.

### Annexe A

## **Model Process for Developing Individual Health Care Plans**

	Parent or healthcare professional informs school that child has been newly diagnosed, or is due to attend new school, or is due to return to school after a long-term absence, or that needs have changed
_	Ţ
	Headteacher or senior member of school staff to whom this has been delegated, co-ordinates meeting to discuss child's medical support needs; and identifies member of school staff who will provide support to pupil
	Į,
— <u> </u>	Meeting to discuss and agree on need for IHCP to include key school staff, child, parent, relevant healthcare professional and other medical/health clinician as appropriate (or to consider written evidence provided by them)
	J
	Develop IHCP in partnership - agree who leads on writing it. Input from healthcare professional must be provided
	Ţ,
	School staff training needs identified
_	Ţ
	Healthcare professional commissions/delivers training and staff signed-off as competent – review date agreed
_	Ţ
	IHCP implemented and circulated to all relevant staff
	Ţ
	IHCP reviewed annually or when condition changes. Parent or healthcare professional to initiate

Annexee B



## St Joseph's Catholic Primary School, Epsom

## **Healthcare Plan for Children with Medical Needs**

Child's Name		
Olean		
Class		
Date of Birth		
Address		
Medical Diagnosis of Condition		
Date		
Review Date		
Name of Parent/Carer 1		
Relationship to Child		
Contact Numbers	Work	
	Home	
	Mobile	
Name of Parent/Carer 2		
Relationship to Child		
Contact Numbers	Work	
	Home	
	Mobile	
Clinic/Hospital Name		
Contact Name		
GP Name		
Contact Number		
Describe the child's symptoneeded, environmental issue	ns, triggers, signs, treatments, facilities, equipment of devices s etc	
10000	<del></del>	

Describe what constitutes an emergency and action to be taken if need arises					
	Name of medication to be given, dose, method of administration, side effects etc. State whether medication is self administered or not.				
Daily care Requirements					
Specific support for pupil's educational, social and					
emotional needs					
Arrangements for School Trips and Visits					
Other Information					
Staff Training Needed/ Undertaken (who, what, when)					
Plan Developed by		 ]			
Fian Developed by					
Signed					
Copies of Form Given To		1			
Date		1			
	1	<b>_</b>			

# Annexee C: Record of Medicine Administered to an Individual Child/Young Person At St Joseph's Catholic Primary School, Epsom

Name of Child	
Class	
Date medicine provided by parent	
Expiry date	
Quantity Received	
Name and Strength of Medicine	
Doe and Frequency of Medicine	
Quantity returned to parent	
Date returned	
,	
Staff Signature	
Parent Signature	

PTO

	1	2	3
Date:			
Time Given:			
Dose Given			
Name of Staff Member			
Staff Initials			
	4	5	6
<b>D</b> (	4	5	6
Date:			
Time Given:			
Dose Given			
Name of Staff Member			
Staff Initials			
	7	8	9
Date:			
Time Given:			
Dose Given			
Name of Staff Member			
Staff Initials			

Please now attach an additional sheet.

#### Annexee D:

### **CHILD MEDICATION REQUEST**

Setting name and address: St Joseph's Catholic School Epsom					
Child/young person's name					
Parent's surname if different:					
Home address					
Parent's Home no					
Parent's Work no:					
GP Name					
Location					
Please tick to indicate that you agree to members of staff administering medicines /providing treatment to my child as directed below.					
Condition or Illness	:				
Name of medicine	Dose	Frequency	//times	Completion date of course if known	Expiry date of medicine
Special Instructions	<u> </u>				
Allergies:					
Other prescribed m young person takes at hor					
requested to try to arrang	e the timing of dose mation will be verifi	es accordingly. I agre	ee to update	e information about my ch	Parents/Guardians are therefore nild's medical needs held by the he medicine held by the setting
Signed and agreed	:				
Signature:	Pare	ent / Carer Date	e:/_	/ Print Nam	ne:
School / Setting Re	presentative A	greement:			
Signature:	D:	ate: / /	Prin	t Name	